



The
Globe
DIETARY
MENU

.....
WWW.THE-GLOBEINN.CO.UK
TELEPHONE.01884 821214

GLUTEN FREE

STARTERS

SOUP OF THE DAY | 6.50 ^{GF} ^V

Served gluten free bread & butter

BAKED CAMEMBERT | 9.50 ^{GF}

Oven baked camembert drizzled with honey, chilli, sea salt & ground black pepper, served with dipping breads

PRAWN COCKTAIL | 7.50 ^{GF}

North Atlantic prawns served on fresh leaf salad with a marie-rose sauce.

MOZZARELLA SALAD | 6.50 ^{GF} ^V

Sliced tomato, layered between buffalo mozzarella & fresh basil served on a bed of green leaves with olive oil & balsamic

MAINS

CHILLI CON CARNE | 13.00 ^{GF}

Home-made chilli served with rice, tortilla chips & dips

FIVE BEAN CHILLI | 13.00 ^{GF}

Spicy 5 Bean mix in a rich tomato sauce with sauteed onions & peppers served with rice, tortilla chips & dips

(Vegetarian but can be made Vegan friendly)

PRIME RUMP STEAK | 19.00 ^{GF}

10oz Rump steak grilled to your liking & served with chips, mushrooms, tomato & peas

HORSESHOE GAMMON STEAK | 16.00 ^{GF}

10oz Horseshoe Gammon steak with a choice of pineapple or brace of eggs served with chips, mushrooms, tomato & peas

FISH PIE | 15.00 ^{GF}

Served with chips, peas & salad

ROYAL BURGER | 13.00 ^{GF}

Plain & simple choice of butterfly chicken breast or 6oz beef burger on a gluten free burger bun, served with chips & salad garnish

USA BURGER | 15.00 ^{GF}

A gluten free burger bun topped with bacon, cheese & BBQ sauce & a choice of butterfly chicken breast or 6oz beef burger served with chips and salad garnish

BLACK & BLUE BURGER | 15.00 ^{GF}

Butterfly chicken fillet or 6oz beef burger on a gluten free burger bun, smothered in blackened cajun rub topped with creamy blue cheese

GLOBE CHICKEN | 15.00 ^{GF}

Butterfly chicken breast topped with bacon, cheese & BBQ sauce served with chips, peas & salad

GF BATTERED COD | 16.00 ^{GF}

North Atlantic Cod hand battered served with chips & choice of garden or mushy peas

PEPPER PORK MEDALLIONS | 16.00 ^{GF}

Chunks of pork tenderloin seared in a creamy peppercorn sauce served with chips, onion rings, mushrooms, ½ tomato & peas

GF KIDS MENU

ALL CHILDRENS MEALS ARE SERVED WITH CHIPS & A CHOICE OF EITHER PEAS OR BEANS

4oz GF BEEF BURGER | 7.50 ^{GF}

4oz GF CHICKEN BURGER | 7.50 ^{GF}

GF LITE BITES

SANDWICHES | ALL 7.50

ALL SERVED WITH SALAD & COLESLAW

GAMMON HAM ^{GF}

CHEDDAR CHEESE ^{GF}

TUNA MAYONNAISE ^{GF}

BACON ^{GF}

JACKET POTATOES | ALL 7.50

ALL SERVED WITH SALAD & COLESLAW

GAMMON HAM ^{GF}

CHEDDAR CHEESE ^{GF}

TUNA MAYONNAISE ^{GF}

BACON ^{GF}

SIDES

CHIPS 4.00 ^{GF} ^V

CHEESY CHIPS 5.00 ^{GF}

SIDE SALAD 4.50 ^{GF} ^V

COLESLAW 3.50 ^{GF}

JOIN US FOR

SUNDAY LUNCH

CARVERY SERVED FROM 12-4PM EVERY SUNDAY

VEGAN

STARTERS

SOUP OF THE DAY | 6.50 ^{GF} ^V

Our chefs ensure their soup is always suitable for vegan appetites

MAINS

VEGAN FIVE BEAN CHILLI | 13.00 ^V

Spicy 5 Bean mix in a rich tomato sauce with sauteed onions & peppers served with rice, tortilla chips & salsa

THAI SPICY BEAN BURGER | 14.00 ^V

Spicy oriental style burger with mixed vegetables coriander, chilli, lemon grass & lime leaf coated in black onion & cumin seeds with crunchy red lentil crumb served in a seeded bun topped with sweet chilli sauce, chips, onion rings & salad
(Gluten Free option available)

MEDITERRANEAN VEGETABLE TART | 15.00 ^V

Crisp basil & maize pastry case filled with a base of slow roasted tomato sauce topped with grilled courgettes, red & yellow peppers, red onions & cherry tomatoes all baked together and finished with basil & pumpkin seed crumb, served with chips, peas & salad

BEETROOT & BUTTERNUT SQUASH WELLINGTON | 15.00 ^V

Chunky beetroot & butternut squash in a sweet & sharp balsamic chutney, wrapped in a puff pastry lattice with shortcrust pastry base served with chips peas & salad

Allergen Statement:

A FULL AND COMPREHENSIVE GUIDE IS AVAILABLE, PLEASE ASK A MEMBER OF STAFF FOR FURTHER DETAILS - HOWEVER WITHIN THE NORMAL OPERATING ENVIRONMENT IT IS NOT POSSIBLE TO GUARANTEE THAT OUR FOOD MENU ITEMS ARE 100% FREE FROM CROSS CONTAMINATION